NICH

NATIONAL INITIATIVE FOR CONSUMER HORTICULTURE

#PlantsDoThat Inside! Where We Learn

GREENING THE GREAT INDOORS

Having plants in our schools is an important component of creating a sustainable classroom ecology and healthy minds and bodies. Indoor plants remove air pollutants and stabilize CO_2, whlie creating a happier and calmer space for creative and focused learning.

SMARTY PLANTS

Classrooms with plants improve test scores by 10% or more.

HEALTHIER STUDENTS

Plants in the classroom result in fewer sick days.

In fact, Dutch children in classrooms with plants showed a 7% reduction in health problems. Along with better health, they were also more creative and had 20% higher test scores.

A CALMING INFLUENCE

The greener a child's play area, the less severe the symptoms of ADD.
Everyone is just calmer and more relaxed when plants are around.

HAPPY CLASSROOMS

Students and teachers report more positive feelings and satisfaction with plants in classrooms.

Students misbehave less in a classroom containing live plants.

Infographic produced by National Initiative for Consumer Horticulture (NICH). Discover more about the power of plants in this series at ConsumerHort.org.

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CREDITS

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MORE INFORMATION

- National Initiative for Consumer Horticulture, ConsumerHort.org
- Ellison Chair, Texas A&M, www.EllisonChair.TAMU.edu